Plan your first step

A short worksheet for choosing a task, checking its requirements and deciding what fits your time.

Issue or concern

Group or organizer

Official website / source

BEFORE YOU COMMIT

- [ ] Choose one concrete task to explore.
- [ ] Check whether it is volunteering, paid work or membership.
- [ ] Ask about the time involved, dates, eligibility and training.
- [ ] Check accessibility, transport, equipment and any expenses.
- [ ] Decide what fits your time and circumstances.
- [ ] Follow the organizer's official signup route.
- [ ] Save the organizer's confirmation and contact information.

KEEP YOUR NOTES

My next action

When I will do it

Questions for the organizer

Browsing AFP does not sign you up. The organizer confirms participation.

Free to download and adapt for personal or group use. Do not imply AFP endorsement.
AFP-created tool | November 2026 | No photography or third-party materials included.